

WLS ALLOCATION PROCESS FOR SCOTTISH SENIORS – 21st November 2026

Purpose:

The purpose of this document is to detail the process for allocating spaces for the Scottish Seniors, to be held on 21st November 2026.

Information:

1. Entries:

There are 2 Scottish competitions per year which have a qualifying total – The Scottish Classic and Scottish Seniors.

For the 2026 Scottish Seniors, 60 places will be available.

2. Venue:

For the occasion of the Scottish Seniors, 21st November 2026, C7 Conference Centre, 100 High Craighall Road, Glasgow G4 9UD

3. Trophies / Best lifter awards:

Best male and female lifters will be awarded per Sinclair score – with their names inscribed onto the David Webster memorial shield.

Qualification Process:

4. Qualification Standards (New classes are in effect from 1st Aug, but prior results will be mapped into the new categories)

Male Category	Total	Female Category	Total
60kg	166kg	49kg	102kg
65kg	182kg	53kg	109kg
70kg	199kg	57kg	114kg
75kg	207kg	61kg	119kg
85kg	222kg	69kg	128kg
95kg	235kg	77kg	136kg
110kg	249kg	86kg	143kg
110kg+	256kg	86kg+	147kg

5. Quota places, qualification period and selection:

30 places for Male and 30 places for Female lifters.

Qualification Period is 1st January 2026 to 4th October 2026 (inclusive) – lifters must have registered a total from a competition on Sport80 which took place between these dates.

The cut off for the ranking list will be 4th October 2026 and from that the invite process will begin.

First wave of invites for all 60 spaces will be issued by 11th October, with replies required by 18th October.

Remaining spaces will then be issued individually until all spaces are allocated.

Absolute final date for entries will be 7th November.

6. Allocation / Invite process:

The overarching method is to issue invites to the top 3 in each weight category, spaces remaining are offered those to lifters who are closest to the top 3 in their weight category, by comparing all of those in 4th place, then ranking them. If spaces remain, compare all of those in 5th place, then ranking them and so on. This will continue until all 30 spaces in each gender have been allocated and invites will be issued.

If a lifter does not accept their invite (may be working, on holiday, qualified over 2 weight classes etc), then the next qualified lifter in that weight class will be offered the invite, if a weight class exhausts all qualifiers, the space then reverts to the next ranked lifter when comparing all remaining weight classes.

7. Other information:

Where 2 or more lifters are the same x kg from top 3 in different weight classes, the lifter with the higher Sinclair score will be ranked higher.

As per the TCRR's (Nov 2023), rules 6.1.2 and 6.1.3 will apply with regards to moving body weight categories – in both cases the final cut off is 10 days prior to the event, in this case 11th November 2026.

Following a review of the TCRR's which now include provision for lifters to elect to attempt their Clean & Jerks even if failing to achieve a snatch total, due to operational constraints, this will not be offered to lifters for the Scottish Seniors (or Classic) in 2026.

WLS reserves the right to redistribute places between male and female if spaces remain after every eligible lifter has been invited from either gender.